

CLAIMS

What is claimed is:

1. A composition for optimization of the adaptive immune system, comprising:

- 5 (a) from about 0.01 to about 40 weight percent garlic; and
 (b) from about 30 to about 80 weight percent clear brandy alcohol.

2. The composition of claim 1, comprising, preferably 20 weight percent garlic.

10 3. A method for preparing the composition of claim 1, comprising the steps of:

- (a) Placing the garlic inside a container filled with clear brandy alcohol;
- (b) Letting the garlic age inside said container at a
15 temperature of from about 33 to about 40 degrees F for from about 200 to about 300 hours, thereby allowing the garlic juice to mix with the brandy alcohol;
- (c) Removing the garlic from the container after allowing the garlic juice to drain from inside the garlic;
- 20 (d) Aging the resulting composition at a temperature of from about 33 to about 40 degrees F for approximately from about 40 to about 60 hours.

4. A method for administering the composition made by the process of claim 3 for optimization of the adaptive immune system, comprising the steps of:

(a) Selecting the proper dosification from the instructions of detailed dosifications tables, wherein said dosifications consist of from about 1 to about 25 drops of the composition varying according to a specific dosage schedule;

(b) Administering proper dosage for a period of 2 months three times a day with a meal, regardless of age or body weight.

5. The method of claim 4, further comprising the step of adding the proper dosage to a carrier.

6. The method of claim 5, wherein said carrier is selected from a group consisting of water, milk, and juice.